



# #REWRITINGHERSTORY

## NEWSLETTER

JANUARY 2022 · ISSUE 1 · VOLUME 1



### GREETINGS FROM FOUNDER/CEO TOPEKA K. SAM

As we move into 2022, I want to encourage you to stay grounded in hope. Hope for freedom. Hope for justice and hope for change. I am living proof that your past does not define you. It was the lived experience of not only myself but also those sisters that were also incarcerated, that helped me to think through ways that we could lead change in this country. We are working every day towards our EPIC vision to End Poverty and InCarceration of women and girls.

Topeka K. Sam is the Founder & CEO of The Ladies of Hope Ministries, President & CEO of TKS Ventures LLC and Founder of EPIC Financial Solutions PBLLC. Since her release from federal prison on May 5, 2015, Topeka has served as 2015 Beyond the Bars Fellow and a 2016 Justice-In-Education Scholar both from Columbia University, 2017 Soros Justice Advocacy Fellow, 2018 Unlocked Futures Cohort Member, 2018 Director of #Dignity Campaign for #cut50, 2019 Senior Advisor for NYUJ. In 2020, Topeka was appointed by the United Nations as the Goodwill Ambassador for Social Justice and on December 23rd, 2020, she received full and unconditional Pardon from President Donald J. Trump for her dedication to helping women turn from a path of despair towards a path of redemption.

### THE LOHM

*The Ladies of Hope Ministries*

The LOHM's mission is to empower women and girls to create sustainable lives post-incarceration. We drive change in the social justice movement by connecting them to housing, food, healthcare, living wage employment, entrepreneurship opportunities, education, and advocacy that amplifies the voices of those who have been impacted by the criminal legal system.

### WHAT'S INSIDE

This Newsletter is a guide for personal development, spiritual development, and raising your level of consciousness to be able to adjudicate your case or life situations outside of prison that may or may not affect you while in prison.

### TIPS FOR LIFETIME LEARNERS

There are many healthy developmental habits of lifetime learners that you can learn while on the inside:

- \*Understand yourself.
- \*Love yourself.
- \*Create your own reality.
- \*Do not be judgmental of others.
- \*Respect individual perspective thoughts, way of life, and religious views.
- \*Find and focus your goals/interest. Find your subject matter of interest.
- \*Exhibit the qualities you want to see in yourself.
- \*Determine your learning style.
- \*Get a mentor and be willing to change or adapt.
- \*Change habits by changing your thought patterns.
- \*Focus on the subjects you want to learn.
- \*Find creative ways to learn.
- \*Become spiritual by learning to seek your Higher Power.

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## PATHWAYS 4 EQUITY

Everyone deserves a fair chance. We are fighting to break the cycles of poverty and incarceration that the criminal legal system often creates. The Pathways 4 Equity (P4E) program breaks employment barriers by connecting talented women to professional fellowships with advancement opportunities and family supporting wages.

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## Encouraging Words

FROM SANTRA RUCKER

**How can you trust the message if you can't trust the messenger?**

Santra on Miami Beach during a recent LOHM Retreat

You can trust this messenger who is the bringer of these words to raise your level of consciousness with hopes that my messages will move your energy, enticing you to have the desire of becoming ambitious.

I am Santra Rucker and I served 22 years in federal prison, after being sentenced to 13 life sentences, 480 months, another 480 months, and an additional 240 months with (5) years probation.

I fought my case until I made it out of the prison doors, after being denied by the courts too many times, and denied clemency.

It would be magical for you to develop this extraordinary state of knowing with the confidence of conscious intent that you can do anything and win! It is my desire to guide you in such a way that you will become motivated to do all that is necessary to restore your freedom.

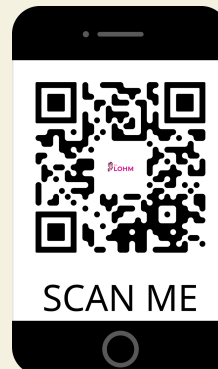
It is my understanding that however you are navigating to fight your case or any other cause, if you have an unseen spiritual force backing you, you become a winner.

This unseen force, who is the "Most high power", is called by many names/titles, having many holy books to substantiate this divine force/power governance.



**"I have the right to do anything,"  
you say—but not everything is  
beneficial. "I have the right to do  
anything"—but not everything is  
constructive.**

**1 Corinthians 10:23**



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